



# Longines Future Tennis Aces US Qualifier Adam Neff is One to Watch

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Lance Luciani is the President of Baseline Tennis and his most-promising prodigy is 11-year-old Adam Neff, who just won the Boys' 12s National title. Neff will represent the United States when he competes against finalists from 15 countries around the world at the Longines Future Tennis Aces in Paris, France during the first week of the 2013 French Open.

The USTA Boys' & Girls' 12s National Spring Championships presented by Longines and hosted by the City of Delray Beach served as the U.S. qualifier for *Longines Future Tennis Aces* with the winner of the Boys 12s singles division earning a once-in-a-lifetime trip to Paris to play against qualifiers from 15 other nations. In addition to winning an all-expense-paid trip and the opportunity to play tennis in the center of Paris, Adam will compete to receive financing for his tennis equipment until his 16<sup>th</sup> birthday, courtesy of Longines.

Neff, who will turn 12 on May 30, competed against 128 other top-ranked U.S. players in the week-long USTA-sanctioned event. En route to the title, Neff was nearly flawless and never dropped a set to any of his competitors.

Last Sunday, I had a chance to ask Coach Luciani about Adam's physical development, how he got here and where he's headed.



[...]

They also have a full indoor gym and a CVAC Recovery Pod, just like Novak Djokovic. Since Adam's dad is a doctor, he researched the product first. Then Luciani flew to California to the manufacturer for a week to investigate the pod. Adam's ranking was #282 nationwide and #38 in Florida when he began using the pod last July. Today, he's ranked #4 nationwide and #1 in Florida. Luciani calls it "a bit of an improvement".

The pod gives him 'even more of an ability to come back daily', according to Luciani.

### **What is Adam's typical tennis routine?**

*Four hours per day during the week, a half-day Saturday or a tournament on the weekend, a daily hour of private fitness and a 90 minute recovery regimen, including CVAC pod time.*

[ . . . ]

Barcelona and Paris are next before Adam moves into 14s. Coach Luciani and Adam are hoping for a high seed in the Orange Bowl or Eddie Herr at the end of the year.

Now you know: Adam Neff is one to watch. America needs more kids like Adam and we're hoping to see him on a US Open-style court at the US Open in the years ahead.

—Steve Fogleman

Read the full article at: <http://tenniseastcoast.com/2013/04/24/longines-future-tennis-aces-us-qualifier-adam-neff-is-one-to-watch/>